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## **Emily Briggs, MD, MPH, FAAFP, named 2025 Texas Family Physician of the Year**

ADDISON, TEXAS — Emily Briggs, MD, MPH, FAAFP, of New Braunfels, Texas, has been awarded the highest honor among Texas family doctors by the Texas Academy of Family Physicians. She was named the 2025 Texas Family Physician of the Year during TAFP's Annual Session and Primary Care Summit in Addison on Nov. 15. Each year, patients and physicians nominate extraordinary family physicians throughout Texas who symbolize excellence and dedication in family medicine. A panel of TAFP members chooses one as the family physician of the year.

Briggs practices full-scope family medicine, including operative obstetrics, in New Braunfels. Throughout her career she has been an active member of organized medicine with multiple organizations, including previously serving as TAFP president and board chair. She currently serves as TAFP's delegate to the American Academy of Family Physicians Congress of Delegates and AAFP's delegate to the American Medical Association. After many years as an active member of TAFP's Alamo Chapter, she helped create the Hill Country Chapter. Briggs also became an honorary fellow of the American College of Obstetricians and Gynecologists in 2024.

There was a throughline in Briggs' many nomination letters – that she is a strong and compassionate advocate for her patients, her medical colleagues, and her community. She testifies before the state legislature, holds an educational teen health summit for families in her local community, serves as medical director for the local school district, among other advocacy activities.

In her acceptance speech, Briggs spoke of being an active member of TAFP and AAFP. "I choose to be away from my family, from my practice, just like all of you because of advocacy. This is our opportunity to come together and to make a difference not only in our lives and in our families' lives, ... but in the lives of our patients and our communities, both locally and statewide, but also nationally."

Family physicians like Briggs are qualified to work in all major medical areas and trained to treat more than 90% of all cases they encounter. Family physicians care for patients of all ages.

*The Texas Academy of Family Physicians is the premier membership organization dedicated to uniting the family doctors of Texas through advocacy, education, and member services, and empowering them to provide a medical home for patients of all ages. It has 33 local chapters and is a chapter of the American Academy of Family Physicians. Visit [www.tafp.org](http://www.tafp.org) for more information.*