



TEXAS ACADEMY *of* FAMILY PHYSICIANS FOUNDATION

ANNUAL REPORT 2025

MISSION: The Texas Academy of Family Physicians Foundation is the philanthropic arm of the Texas Academy of Family Physicians and is organized for scientific and educational purposes in support of the medical specialty of family medicine and for the advancement of the health and well-being of patients.

The TAFP Foundation is dedicated to strengthening the future of family medicine by investing in two key priorities: advancing practice-based primary care research and supporting the next generation of family physicians. Thanks to the generosity of our donors and the continued partnership of TAFP, we are able to provide scholarships, travel funding, research grants, support for family medicine interest groups, or FMIGs, and awards that recognize outstanding research.

In 2025, the Foundation reached new heights. Program investments grew to more than \$225,000. Building on the launch of the Student and Resident Summit in 2024, the Foundation proudly funded travel for 127 medical students and resident physicians to attend the 2025 Summit, expanding access to mentorship, learning, and professional connection.

These investments are more than numbers. They represent a growing community of future family physicians equipped to deliver high-quality care across Texas. None of this progress would be possible without the support of donors who share our commitment to the future of family medicine.

PRACTICE-BASED PRIMARY CARE RESEARCH

The research grant program through the TAFP Foundation began in 1988 and continues to thrive. Twice a year, proposals for research grants are accepted and many are funded. More than \$820,000 has been awarded in small grants and many of the projects go on to be published or expanded into larger studies. In 2025, research was funded on stroke risk in women 45 – 64 years of age; knowledge, treatment, and preventive strategies for urinary tract infections in Spanish speaking women; a qualitative study to understand experiences with IUDs; and medication prescribing behaviors in the treatment of alcohol use disorder in office-based treatment versus psychiatric clinics in a county system. Grant recipients are encouraged to share their research at TAFP CME events in didactic lectures and poster presentations. The TAFP Foundation also supports the prizes for the annual research poster competition held at TAFP's Annual Session and Primary Care Summit.

FAMILY MEDICINE RESIDENTS

The Foundation recognizes residents as the future leaders in family medicine and provides funding to help them attend family medicine meetings. There are also scholarships for residents to present research at national meetings, an advocacy scholarship, and a few scholarships that recognize excellence at individual residency programs.

In 2020, the TAFP Foundation launched the Texas Family Medicine Scholars program. The multi-year scholarship program was established to provide generous financial support and leadership development to one resident each year to build the next generation of leaders for family medicine. In 2022, the program was expanded to include two residents per year. In their few years in practice, our scholars have gone on to represent Texas at the AAFP National Conference of Constituency Leaders, represent their county at the TMA House of Delegates, participate in TAFP's leadership development programs, and serve on the Laredo City Council.

MEDICAL STUDENTS: THE CORE OF OUR WORK

The majority of funds expended each year are devoted to medical students. Supporting and encouraging their interest in family medicine has always been a fundamental part of the TAFP Foundation's work. As the state's population swells at both ends of the age spectrum, the need for primary care physicians has never been greater.

Much of our funding is devoted to in-person activities including travel funding to attend conferences and funding for family medicine interest groups at each of the medical schools. These activities are opportunities to spark interest in family medicine. Attendees at the new Student and Resident Summit felt that spark!

In the early 1990s, the TAFP Foundation embarked on a quest to build scholarships for medical students interested in family medicine. Since then, student debt levels have dramatically increased, and our total scholarship dollars awarded is now more than \$650,000. The scholarships are all fully endowed so that they will continue in perpetuity to be a method of supporting future family physicians.

Our newest scholarship in development honors longtime Harris County AFP executive, Leon Rochen, who passed away in November 2024. When funded, the scholarship will benefit students at Houston medical schools.

SUPPORT FOR EDUCATION

Outside of our main strategic areas, TAFP Foundation now has two endowments that support continuing medical education. The Tamra Deuser, MD, Endowment was developed to honor and remember a TAFP leader gone too soon by sponsoring a lecture each year on end-of-life care. At the end of 2025, Dr. Chrisette Dharmagunaratne from Dallas endowed the Dharma Wellness Initiative. This endowment will support a lecture each year on physician well-being.

HIGHLIGHTS FROM 2025

- More than \$35,000 in scholarships were awarded to students and residents across the state.
- The TAFP Foundation collected more than \$50,000 in monthly donations from TAFP members, staff, and friends in 2025.
- More travel funding was awarded than ever in the history of the TAFP Foundation – more than \$90,000.



The TAFP Foundation's monetary support was crucial to my participation while I was a student and resident leader. After seeing firsthand the fantastic work of the Foundation, there was never a doubt in my mind that I needed to do my part to support and empower the next generation's leaders."

– Jake Margo, Jr., MD, TAFP past president and monthly donor since 2005

FINANCES

STATEMENT OF FINANCIAL POSITION

(as of 8/31/2025)

CURRENT ASSETS

Cash	\$89,869
Investments	\$4,745,719
Receivables	\$7,423
Total assets	\$4,843,011

LIABILITIES AND NET ASSETS

Total liabilities	\$39,762
Net assets	
Without donor restrictions	\$1,909,264
With donor restrictions	\$2,893,985
Total liabilities and net assets	\$4,843,011

STATEMENT OF ACTIVITIES

Revenues

Donations	\$103,709
TAFP grant	\$80,000
Investment return	\$252,472
Fundraising event	\$8,975
Miscellaneous income	\$6,441

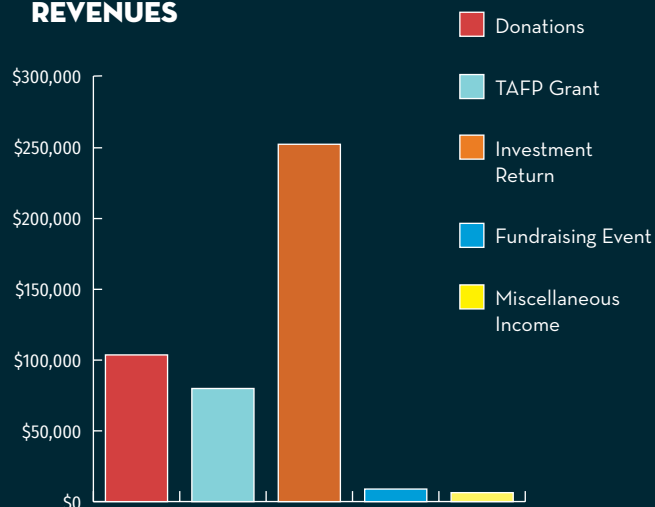
Total revenues **\$451,597**

Expenses

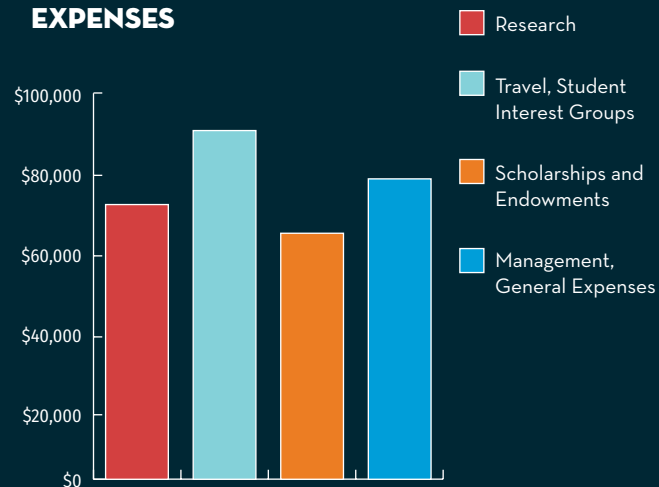
Research	\$71,200
Travel and student interest groups	\$90,360
Scholarships and endowments	\$63,769
Fundraising, management, and general	\$77,852

Total expenses **\$303,181**

REVENUES



EXPENSES



2025/26 TAFP Foundation donors

★ = TAFP Foundation monthly donor

Thank you to these donors, whose contributions fund scholarships for Texas medical students, family medicine research grants, and travel scholarships for residents to attend professional development activities.

Austin Regional Clinic
Blue Cross and Blue Shield of Texas
Catalyst Health Group
Concord Medical Group
Harris County AFP
Tau Beta Sigma Beta Gamma
Texas Association of Health Plans
Texas Health Resources
Texas Medical Association
Texas Medical Liability Trust

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Pedro Ruey Ming Yen, MD
★ Robert Allen Youens, MD
★ Richard A. Young, MD
Adeline Jade Yu, MD
Yanqiu Zhao, MD
Liangxue Zhu, MD

TAFP Foundation Endowed Funds

Medical Student Scholarships

Nancy Dickey, MD, Medical Student Scholarship
Roland Goertz, MD, Leadership Scholarship
Glen Johnson, MD, Minority Medical Student Scholarship
Weldon G. Kolb, MD, Medical Student Scholarship
Arnold N. Krause, MD, Medical Student Scholarship
Minnie Lee Lancaster, MD, and Edgar Lancaster, MD, Medical Student Scholarship
Patrick Leung, MD, Medical Student Scholarship
Leah Raye Mabry, MD, Scholarship
C. Ted Mettetal, MD, Medical Student Scholarship

Edwin L. Mueller, MD, Medical Student Scholarship
Dr. David Pillow Scholarship in Honor of 2001 TAFP President Justin Bartos, MD
Norma Porres, MD, and Felipe Porres, MD, Medical Student Scholarship
S. Perry Post, MD, Medical Student Scholarship
Harold T. Pruessner, MD, Medical Student Scholarship
William F. Ross, MD, Medical Student Scholarship
Linda M. Siy, MD, Medical Student Scholarship
South Texas Chapter Medical Student Scholarship
Valley Chapter Medical Student Scholarship

Resident Scholarships

Henry J. Boehm Jr., MD, Scholarship
Seth Cowan, MD, Scholarship
Cecil M. French, MD, Scholarship
Richard B. Hartin, MD, Scholarship

James Martin, MD, Scholarship
Cassie Murphy-Cullen, PhD, Scholarship
Sam Nixon, MD, Leadership Scholarship
Philip Thorek, MD, Scholarship

Student Interest Endowment

Gold Level

Lewis Foxhall, MD, Student Interest Fund

Carol and Dale Moquist, MD, Student Interest Fund
Sam Stone Student Interest Fund

Silver Level

Douglas Benold, MD, Student Interest Fund

Bronze Level

Dallas Coate, MD, Student Interest Fund

Research Endowment

Gold Level

Richard Garrison, MD, Research Fund
David Katerndahl, MD, Research Fund
Jim and Karen White Research Fund

Bronze Level

Joane Baumer, MD, Research Fund
Gary Mennie, MD, Research Fund
Linda Siy, MD, Research Fund
Lloyd Van Winkle, MD, Research Fund
George Zenner, MD, Research Fund

Silver Level

Carol and Dale Moquist, MD, Research Fund
Red River Chapter Research Fund

Resident Leadership Endowment

Gold Level

Blue Cross and Blue Shield of Texas