TAFP BUSINESS MEETING AND MEMBER ASSEMBLY

Friday, November 6, 2026
8 – 9:15 a.m.
Town Center South
The Woodlands Waterway Marriott Hotel

AGENDA

1. Call to order by Ike Okwuwa, MD, MBA, President
2. Report on quorum – Lane Aiena, MD
3. Introduction of guests
4. TAFP Annual Business meeting
   A. Approval of minutes
   B. Approval of bylaws changes
5. TAFP Update with Adrian Billings, MD, PhD, President-Elect
6. Elections – Jake Margo, Jr, MD, Nominating Committee Chair
7. Fellowship Convocation – Douglas Spotts, MD, AAFP Board
8. Town hall – 2027 Texas Legislative session
9. Other business
10. Adjourn

2026 TAFP MEMBER ASSEMBLY

Thursday, November 5, 2026, 7 – 8:15 p.m.

Friday, November 6, 2026, 8 – 9:15 a.m.

BOARD OF DIRECTORS

Lane J. Aiena, MD, FAAFP - Montgomery, TX
Sarah O Ashitey, MD, FAAFP - Dallas, TX
Adrian Billings, MD, PhD, FAAFP - Alpine, TX
Lindsay K. Botsford, MD, MBA, FAAFP - Houston, TX
Kyle Lee Breed, Jr, DO - San Antonio, TX
Emily D Briggs, MD, MPH, FAAFP - New Braunfels, TX
Tricia C Elliott, MD, FAAFP - Fort Worth, TX
Jessica Nu Glick, DO, FAAFP - Bellaire, TX
Amanda Mohammed-Strait, MD, FAAFP - Rowlett, TX
Donald R Nino, MD, FAAFP - Channelview, TX
Ikemefuna Okwuwa, MD, FAAFP - Odessa, TX
Tina J. Philip, DO - Round Rock, TX
Rashmi Rode, MD, FAAFP - Houston, TX
Zachary Reece Sartor, MD, FAAFP - Waco, TX
Puja Anil Sehgal, MD - Sugar Land, TX
Brittany Uebbing, MD - Waco, TX

MEDICAL STUDENTS

Delegate

Kayleigh Mann - The Woodlands, TX
Michelle Nwaeri - Edinburg, TX

Alternate Delegate

Peter Feras Elhajj - Edinburg, TX
Yoana E Flores - Laredo, TX

RESIDENT PHYSICIANS

Delegate

Adaku Ikoh, DO - Dallas, TX
Carlos Eduardo Villarreal, MD - Odessa, TX

Alternate Delegate

Emma DiFiore, MD - Houston, TX
Ashley Echeta, MD - Galveston, TX

ALAMO CHAPTER

Delegate

Richel Zayas Avery, MD, FAAFP - San Antonio, TX
Christine Ramos Camacho, MD, FAAFP - San Antonio, TX
Kaparaboyna Ashok Kumar, MD, FAAFP - San Antonio, TX
Priti Mody-Bailey, MD, FAAFP - San Antonio, TX
Mary Suzanne Nguyen, MD, FAAFP - Castroville, TX
Diane M Perritano, MD - Shavano Park, TX
Lloyd Van Winkle, MD, FAAFP - Castroville, TX

BRAZORIA COUNTY CHAPTER

Delegate

BRAZOS VALLEY CHAPTER

Delegate

Theresa Ann Rameden, MD - College Station, TX
David B Vaughan, MD - Bryan, TX

CENTRAL TEXAS CHAPTER

Delegate

Tove Martine Goldson, MD, PhD, FAAFP - Temple, TX
Reagan E Tipton, DO - Gatesville, TX

COLORADO VALLEY CHAPTER

Delegate

Anees Fatima, MD, FAAFP - Richmond, TX
Roland Prezas, DO, FAAFP - Missouri City, TX
Carman N Whiting, MD - Missouri City, TX

DALLAS CHAPTER

Delegate

Rommana Aziz, DO - Plano, TX
Eduardo A. Lindsay, MD, FAAFP - Wylie, TX
Austin B Plumlee, MD - Dallas, TX
Khanh Thoai Truong, DO, FAAFP - Flower Mound, TX
Victoria Udezi, MD, MPH, FAAFP - Dallas, TX
Astrud Villareal, MD, DABFM, FAAFP - Dallas, TX

EL PASO CHAPTER

Delegate

Bruno Bittencourt, MD - El Paso, TX

GALVESTON CHAPTER

Delegate

Jennifer Rene Raley, MD, FAAFP - Friendswood, TX
Hanan Hussein, MD, FAAFP – League City, TX

Alternate Delegate

Saleh Elsaid, MD, FAAFP – League City

GULF COAST CHAPTER

Delegate

HARRIS COUNTY CHAPTER

Delegate

Dwane G Broussard, MD, FAAFP - Houston, TX
Jessica Garcia, DO, FAAFP - Houston, TX
Jennifer Czaplicki Greenblatt, DO, FAAFP - Spring, TX
Clare Arnot Hawkins, MD, FAAFP - Houston, TX
Rida Khan, MD - Sugar Land, TX
Diahann Marsha Marie Marshall, MD - Cypress, TX
Crystal Ndidi Nwagwu, MD - Houston, TX
Heather Peniuk, MD - Tomball, TX
Irvin Sulapas, MD, FAAFP - Houston, TX

Alternate Delegate

Stephen Chao, MD - Humble, TX
Christine Wan Knox, MD - Pearland, TX
Chelsea Mendonca, MD, FAAFP - Houston, TX
Nadir Mulla, MD - Sugar Land, TX
Emmanuel Osakwe, MD - Houston, TX
Jasmine Sulaiman, MD, FAAFP - Spring, TX
Kristie Tu, MD, MBA - La Porte, TX
Samrita Varde, MD - Houston, TX
Joaquin Villegas, MD, MPH, FAAFP - Houston, TX

HEART OF TEXAS CHAPTER

Delegate

Laura True Birnbaum, MD - Giddings, TX
Judy Lu Kim, MD, FAAFP - Austin, TX
Geri Elizabeth Langham, MD - Marble Falls, TX
Paul B Oliver, MD - Georgetown, TX
Karen V Smith, MD, MEd, FAAFP - Manor, TX
Leila S L Williams, DO - Austin, TX

Alternate Delegate

Terrance S Hines, MD, FAAFP - Austin, TX

HENDERSON COUNTY CHAPTER

Delegate

Joshua Nathaniel Splinter, MD, FAAFP - Athens, TX

HILL COUNTRY CHAPTER

Delegate
Travis Carlisle Simmons, MD - New Braunfels, TX

Alternate Delegate
Madison D Lowry, MD - New Braunfels, TX

MIDWEST TEXAS CHAPTER

Delegate
Nimat Alam, MD, FAAFP - Odessa, TX
Jeanette Karen Cala, MD - Midland, TX

NORTH TEXAS CHAPTER

Delegate
Shivum Agarwal, MD, FAAFP - Jacksboro, TX

NORTHEAST TEXAS CHAPTER

Delegate
Constanza Morales, MD - Texarkana, TX

NORTHWOODS CHAPTER

Delegate
Townes Randolph Leigh, DO - Magnolia, TX
Tamareal Nicole Ross, MD - Cypress, TX
Sabari L Sundarraj, MD, FAAFP - Spring, TX

Alternate Delegate
Paola C Batista, MD - Spring, TX
Kerolos Youssef, MD - Willis, TX

PANHANDLE CHAPTER

Delegate
Benjamin J Leeah, MD, MPH, FAAFP - Amarillo, TX
Lois Méndez, MD - Amarillo, TX

PERMIAN BASIN CHAPTER

Delegate
Louis V McIntire, MD, FAAFP - Pecos, TX

RED RIVER CHAPTER

Delegate
Melinda B Balarbar, MD - Flower Mound, TX
Tam Nhat Cung, DO - McKinney, TX
Afsha Rais Kaisani, MD, FAAFP - Carrollton, TX
Lahri Kancharla, MD - Flower Mound, TX
Olusesan Oluseun Olotu, MD - McKinney, TX
Narmeen Hassan Syed, MD - Argyle, TX

ROSE CHAPTER

Delegate
Mariam Fatima Hussain, MD - Palestine, TX
Michelle Nguyen Le, DO - Tyler, TX
Li-Yu Huang Mitchell, MD, FAAFP - Tyler, TX

SAM HOUSTON CHAPTER

Delegate
David C Buescher, MD - Livingston, TX

SOUTH PLAINS CHAPTER
Delegate
Kelly Lockwood Klein, MD, FAAFP - Littlefield, TX

SOUTH TEXAS CHAPTER
Delegate

SOUTHEAST TEXAS CHAPTER
Delegate
Farron Cheryl Hunt, MD, FAAFP - Beaumont, TX

SOUTHWEST TEXAS CHAPTER
Delegate

TARRANT COUNTY CHAPTER
Delegate
Jeremy Michael Aymard, MD - Bedford, TX
Justin V Bartos, MD, FAAFP - Bedford, TX
Eshioramhe Austin Kadiri, MD, MPH - Arlington, TX
Tolulope Mary Olabintan, MD, FAAFP - Mansfield, TX

VALLEY CHAPTER
Delegate
Naomi D'Acolatse, MD, MPH, FAAFP - McAllen, TX
Marissa Gomez-Martinez, MD, FAAFP - Edinburg, TX
Javier D Margo, MD, FAAFP - Rio Grande City, TX
Andrew Widener, MD - McAllen, TX

TEXAS ACADEMY OF FAMILY PHYSYCIANS
MINUTES OF THE ANNUAL BUSINESS MEETING
FRIDAY, NOVEMBER 14, 2025
RENAISSANCE DALLAS ADDISON HOTEL

The meeting was called to order at 8 a.m. by Lindsay Botsford, MD, MBA, President.

Dr. Puja Sehgal declared a quorum with over 50 members participating.

APPROVAL OF MINUTES

Dr. Botsford asked for a motion that the minutes from the last business meeting on November 8, 2024, be approved as written.

There was a motion and a second.

ACTION: Motion adopted.

APPROVAL OF TAFP BYLAWS

Dr. Botsford asked for a motion that the proposed amendments to the TAFP Bylaws be approved as written.

There was a motion and a second.

ACTION: Motion adopted.

The meeting was adjourned at 8:05 a.m.

PROPOSED AMENDMENTS TO TAFP BYLAWS

At this year's Annual Business Meeting and Member Assembly on November 5, 2026, members will have the chance to vote on amendments to the TAFP Bylaws. The proposed amendments are in accordance with the TAFP Bylaws, Chapter XVII, Amendment of Bylaws. An affirmative vote of at least two-thirds of the members present and voting at the annual business meeting shall constitute adoption. For a complete copy of the TAFP Bylaws, contact Kathy McCarthy at (512) 329-8666, ext. 114. The Bylaws Committee and the Board of Directors recommend adoption of these amendments.

Chapter VII. Ethics
SECTION 2. VIOLATION OF PRINCIPLES

The accused may answer in writing but failure to do so shall not be an admission of guilt or a waiver of the accused right to a hearing. The Board shall give the accuser and the accused opportunity to be heard, including oral arguments, and the filing and consideration of written briefs, conclude the hearing and within 30 days render a decision. The affirmative votes of the majority of the Board members present and voting shall constitute the verdict of the Board which by such vote may exonerate, censure, suspend, or expel the accused member. The decision of the Board shall be signed by the Board Chair and the ~~Parliamentarian~~ President of the Academy. Should the accused be either the Board Chair or the President, then the President-elect shall sign in place of the accused. No member of the Board not present for the entire time of the hearing shall be entitled to vote.

Chapter XII. Board of Directors
SUB-CHAPTER I. Policy and Procedure

SECTION 1

The control and administration of the Academy shall be vested in a Board of Directors, hereinafter called the Board. The Board shall be composed of the Academy President, President-Elect, Treasurer, ~~Parliamentarian,~~ and Immediate Past President, Delegates to the AAFP, four at-large directors, two new physician directors, one advocate for diversity director, one resident director, and one medical student director.

SECTION 10

The officers of the Academy shall be President, President-elect, Treasurer, and Immediate Past President, and Parliamentarian. The Immediate Past President shall serve as Chair of the Board and shall not be eligible to succeed himself/herself. The powers, duties, terms of office, and method of election of officers shall be set forth in these Bylaws.

SUB-CHAPTER II. Executive Committee Duties and Terms of Office

SECTION 1. MEMBERS OF EXECUTIVE COMMITTEE

There shall be a five- ~~six-~~member Executive Committee of the Board composed of the President who also serves as Chair, President-elect, Treasurer, Immediate Past President, ~~the Parliamentarian~~, and one at-large director elected by the Board of Directors. Terms shall be in conjunction with the elected position terms for President, President-elect, Treasurer, and the Immediate Past President~~, and the Parliamentarian~~. The at-large director shall be elected by the Board at the Annual Session and shall serve until the next Annual Session.

SUB-CHAPTER III. Elected Positions

SECTION 2. PRESIDENT-ELECT

The President-elect shall be a member of the Board and ex-officio member of all committees and shall preside at meetings of the Academy in the absence of the President. He/she shall inform the officers of proper parliamentary procedure according to the current edition of the American Institute of Parliamentarians Standard Code of Parliamentary Procedure. He/she shall inform the officers of proper parliamentary procedure according to the current edition of the American Institute of Parliamentarians Standard Code of Parliamentary Procedure. He/she shall succeed to the office of the President at the conclusion of the first Annual Session meeting following the Annual Session meeting at which his/her election occurred and shall expire at the conclusion of the next Annual Session meeting, or when his/her successor is elected.

SECTION 4. TREASURER

The Treasurer shall become upon election a member of the Board and Chair of the Finance Committee. He/she shall be the custodian of all Academy funds and shall, in such amounts as the Board may require furnish bond, the premium of which shall be paid by the Academy. He/she shall perform the duties which the office ordinarily connotes. He/she will meet with the Chief Executive Officer/Executive Vice President and the financial manager as a Financial Oversight Committee at least four times annually. He/she shall be elected for a two- ~~one-~~year term beginning at the conclusion of the Annual Session meeting at which he/she is elected and may succeed himself/herself for a maximum of two terms. In the event of a vacancy in the office of Treasurer, the Executive Committee, by majority vote, shall appoint a successor to serve until the next Annual Session.

~~SECTION 5. PARLIAMENTARIAN~~

~~The Parliamentarian shall upon election become a voting member of the Board of Directors. His/her duties shall be to inform the officers of proper parliamentary procedures, according to the current edition of the American Institute of Parliamentarians He/she shall be elected for a one-year term beginning at the conclusion of the Annual Session meeting at which he/she is elected and may succeed himself/herself.~~

Chapter XIII. Standing Committees

Finance Committee

a) This Committee shall consist of the Treasurer of the Texas Academy, as Chair, and four or more other members. The President, President-elect, and Board Chair shall be ex officio members. A resident and a student member may be appointed for a one-year term.

b) One-third of the members shall be appointed annually, each for a term of three years. The Chief Executive Officer/Executive Vice President shall serve as ex-officio, non-voting member of this Committee.

c) This Committee shall supervise the Academy's fiscal accounts, submit an annual budget for Board approval and arrange an annual fiscal audit.

Printed below are the nominees from the Nominating Committee and the Residency Network and FMIG Network. If you are interested in serving on the Board in the future, contact TAFP staff for more information.

President-elect

Lane Aiena, MD, FAAFP - Dr. Aiena is a family medicine doctor in Huntsville, Texas. After completing his undergraduate degree at Louisiana State University, he attended medical school at Texas Tech Health Sciences Center School of Medicine and his residency in Conroe, Texas. He has been practicing at Huntsville Family Medicine since 2017. He is a two-term at-large member of the TAFP Board of Directors, former New Physician Director for the Board of Directors, serves as the chair of the Texas Medical Association's Young Physician Section, and serves on the Walker County Hospital District Board. Dr. Aiena is also the President of the Walker–Trinity County Medical Society. Previously recognized with the TAFP Public Health Award and as Walker County Citizen of the Year, he is dedicated to leadership, advocacy, and improving patient care in his community and across Texas. He hosts the popular local radio segment "Thursday Morning House Call," promoting health education and strengthening the physician–patient relationship.

> ***Why I want to serve:*** *I want to serve as President-Elect on the TAFP board to help advance TAFP's mission of supporting family physicians and improving access to care across Texas. As a rural physician, I've seen firsthand the barriers patients and doctors face, from workforce shortages to resource gaps. I am committed to representing those voices while working collaboratively to strengthen our specialty statewide. By serving, I hope to advocate for practical solutions that ensure every community, urban and rural alike, has the family medicine support it needs. I want to help TAFP empower physicians, promote sustainable practice models, and keep patient care at the center of all our efforts as we navigate the evolving healthcare landscape together.*

Treasurer

Puja Sehgal, MD - Dr. Sehgal is a practicing family physician in Houston, Texas. After finishing medical school in India, she completed her internship at Wichita Falls Family Medicine Residency Program and residency at Baylor College of Medicine in Houston. She joined Kelsey-Seybold Clinic, a multispecialty ACO, in 2007 and is currently the Chief of Family Medicine Department at Kelsey-Seybold and an elected board member of Kelsey Seybold medical group. She is past president of the Harris County chapter and has served on various committees and councils during her 20 year membership with TAFP. She previously chaired the Section on Special Constituencies as well as vice chaired the Council on Medical Practice. She served on the TAFP board in 2020. She has mentored residents for TAFP's Resident Leadership Experience program and was awarded the Breakthrough Women 2022 by Greater Houston Women's Chamber of Commerce. She is a proud mom of three kids.

> ***Why I want to serve:*** *I truly believe that expanding family medicine is the answer to improving access to healthcare in this nation. TAFP gives us a voice and platform to advance the specialty and advocate for payment reforms for family physicians so that they are fairly compensated for the*

value and not the volume. Our physicians should have access to resources and technology to improve efficiency and decrease burn out. Our practices are as diverse as we are and our needs may be different but our goals are similar. Collaboration and coordination with payers, other stake holders, and multiple specialties can impact our practices positively. TAFP is uniquely positioned to assist all of us. With my knowledge, commitment, and efforts, I strive to work diligently with fellow physicians in improving health of our patients and communities and ensuring a joyful, rewarding practice for doctors.

Parliamentarian

The Nominating Committee did not submit a candidate for Parliamentarian.

At-large Director (elect two)

Sarah Ashitey, MD, FAAFP - Dr. Ashitey's professional work is rooted in her commitment to public health. She trained at UT Southwestern Medical Center and John Peter Smith Hospital, where she gained experience in community and global health. She has since worked in a rural health clinic, hospital-owned clinic, and now a thriving group private practice in Dallas. Her dedication to public health is evident in her roles on the Environmental Health Committee for the City of Dallas, the DISD School Health Advisory Council, and as a board member of The Immunization Partnership. She has served a term as an at-large member of the TAFP Board of Directors and currently serves on the TAFP Council for the Health of the Public. She also hosts "Fuller Living with Dr. Ashitey," a podcast on physician well-being and whole-person health, and practices at Southwest Family Medicine Associates, where she also mentors the next generation of family physicians as adjunct faculty at UT Southwestern.

Why I want to serve: *Serving on the TAFP Board has deepened my belief that family medicine is the cornerstone of our healthcare system, and that patient advocacy is at the heart of that work. As I seek another term as an at-large director, I want to continue ensuring family physicians have a voice in shaping the policies that directly affect our patients and our practices. I'm also bringing a new focus to this term: physician well-being. We cannot sustain excellent patient care without also protecting the physicians who provide it, and I'm committed to advancing that conversation through my work on TAFP's Physician Well-Being Taskforce. It would be my honor to continue representing the interests of our community and profession on the board.*

Farron Hunt, MD, FAAFP - Dr. Hunt is a practicing family physician from southeast Texas. She completed medical school at UTMB at Galveston. She did her internship at Duke/Southern Regional AHEC in Fayetteville, North Carolina before completing residency at Baylor College of Medicine in Houston. Dr. Hunt has practiced across the state of Texas including the Austin area, Houston, Beaumont, and Port Arthur. Dr. Hunt has worked in underserved settings at rural sites and FQHCs as well as a large multi-specialty group. She has served as medical director of her local hospital wound care center and briefly had a DPC practice. She currently works remotely doing virtual urgent care and reviewing appeals while she nurtures her three- and four-year-old daughters. She has served TAFP in various capacities including as a former board member, serving as at-large and special constituencies director. She has chaired various committees and councils as well and helped extensively with the Family Medicine Leadership Experience and Resident Leadership Experience programs.

Why I want to serve: I love supporting doctors, especially family physicians. We work hard to care for our families, our patients, and our communities. It is an honor to be a voice that represents our talented and hardworking membership. We continue to grow and adapt to an

ever-changing practice landscape. My goal is to share the tools for best practice that help us keep our doors open and keep us connected to quality patient care in a way that is fulfilling and rewarding. I understand that when family medicine thrives, communities thrive. I'm here to listen and push for reforms that alleviate threats to our survival. I support TAFP's vision and I hope to improve the health of Texas. I support growing family medicine with strong connections to medical students as well as high school and college students.

New Physician Director (elect one for a two-year term)

Chelsea Mendonca, MD – Dr. Mendonca is a family medicine physician with Baylor College of Medicine. She practices full-scope family medicine including obstetrics and is core faculty in the BCM Family Medicine Residency Program. She received a BS in Chemistry from the University of Saint Thomas Houston and MD from UT Health San Antonio Long School of Medicine. Dr. Mendonca completed family medicine residency training at Baylor College of Medicine. She is currently working toward a lifestyle medicine certification. She has been an active member of TAFP since 2016 and completed the RLE program in 2023. Additionally, she serves on the Council for Workforce and Member Engagement and was TAFP's 2026 New Physician Delegate to NCCL.

Why I want to serve: I want to serve on the TAFP Board because I believe family medicine is uniquely positioned to address many of Texas's greatest healthcare challenges, but doing so requires strong leadership, effective advocacy, and sustained investment in our specialty. I am passionate about strengthening the family medicine workforce by fostering mentorship, leadership development, and meaningful engagement among students, residents, and practicing physicians. Practicing within a large academic safety net health system has reinforced my commitment to health equity and the essential role family physicians play in improving access to care. TAFP has been instrumental in my professional growth, and board service is an opportunity to give back while helping shape a stronger, more connected, and more resilient future for family medicine in Texas.

Resident Physician Director

Kyle Breed, DO - Dr. Kyle Breed is a family medicine resident at UIW TIGMER in San Antonio who has a long-standing record of advocacy for Texas family physicians. He completed his medical degree at the Texas College of Osteopathic Medicine in Fort Worth, and during this time served as the student advisor for the TAFP Foundation Board. During residency he went on to serve as an alternate resident delegate to TAFP's Member Assembly while also serving as a class representative and recruitment committee member within his residency program. One of Dr. Breed's passions is educating students and residents on financial well-being, delivering presentations at his home program and to medical students. Dr. Breed enjoys spending time with his family, attending car shows, engaging in competitive shooting, and exercising.

Why I want to serve: Through the leadership positions I have held in TAFP, I have used each job description as a starting point, rather than a limit to my scope of service. I am passionate about continuing to have a leadership role in TAFP because of the platform it gives me to advocate for my peers, improve the specialty I love, and provide guidance to those who will come after me. During my training I went through the couples match, learned how to manage physician finances, worked in a medically underserved area, and served as a student and resident leader. My goal is to share the lessons I learned from these experiences so that our family medicine community is stronger than when I joined it.

Medical Student Director

Sierra Villa - Sierra Villa is a third-year medical student and ROME Rural Scholar at UNT Health Texas College of Osteopathic Medicine in Fort Worth. She earned her degree in kinesiology and exercise science from Colorado Christian University before spending a gap year working as a medical assistant and scribe in a rural health clinic in Payson, Arizona. A month spent in Mongo, Chad and experience leading service teams in Cuba and Guatemala deepened her commitment to rural and underserved populations. During medical school, she has served refugee families in Fort Worth. Her research is people-centered, spanning reproductive loss, patient safety, and faith-based yoga interventions. Sierra and her husband, Raí, enjoy exploring new places, discovering local coffee shops, and dancing both Latin and country styles.

> ***Why I want to serve:*** I am seeking to serve as a TAFP board member to amplify the voice of students in family medicine and demonstrate to future physicians that our specialty is both grounded in its core values and continually evolving to meet the needs of patients and communities. Family medicine's strength lies in preserving relationships, continuity, and community-centered care while embracing innovation and opportunities for improvement. Through experiences in rural, global, and local healthcare settings, I have gained perspective on the diverse needs of Texans and the physicians who serve them. My leadership in service, research, and medical education has cultivated growth-minded humility: a commitment to lifelong learning paired with the confidence to contribute meaningfully. I hope to bring that perspective to the board and help shape the future of family medicine in Texas.

Delegate to AAFP

Clare Hawkins, MD, FAAFP - Dr. Hawkins has been a family physician for 40 years. He originally practiced in Canada, but moved to Texas in 1998 and was a residency director until 2014. He has broad experience in full-scope family medicine in many settings including hospitalist, palliative care, and now rural, value-based care. He has been a leader in TAFP and Harris County Medical Society and continues to practice part-time family Medicine in Baytown, Texas.

> ***Why I want to serve:*** I value the contribution the physicians from Texas can make to the operations of the American Academy of Family Physicians. The Texas delegation is the voice of our state chapter to the operations and policy formation of AAFP. By representing the interests of our state your delegation provides physician leadership and input at the national level helping us all to serve our patients and keep the practice of medicine viable in Texas. As past president of TAFP and CME contributor as well as member of multiple commissions, I am in a position to see the larger opportunities for our organization and be a voice for us all.

Alternate Delegate to AAFP

Mary S. Nguyen, MD, FAAFP – Dr. Nguyen is a board-certified family physician and fellow of the American Academy of Family Physicians. She practices in Castroville, a rural, underserved community. She received her undergraduate education at St. Mary's University in San Antonio, her medical education at the University of Texas Health Science Center at Houston, and completed residency training at CHRISTUS Santa Rosa in San Antonio. She earned her masters of science in medical cannabis science and therapeutics from the University of Maryland. She has practiced in Castroville since 2000 and serves as adjunct clinical professor in the Department of Family Medicine at the University of Incarnate Word School of Osteopathic Medicine. She is the associate medical director for Companion Hospice, serves on the board of UPSA ACO, and is medical director for Equilibrium Diagnostic laboratory. Dr. Nguyen is a member, past president, and past board chair of TAFP and has served on numerous TAFP committees and commissions. At the national level, she has served as a member on AAFP's Commission on Membership and Member Services, the AAFP

Convener for the Working Group on Rural Health, a member constituencies alternate and delegate to the AAFP Congress of Delegates, and served as the AAFP representative for the American Academy of Pediatrics Advisory Group for Supporting Providers and Families to Access Telehealth and Distant Care Services for Pediatric Care. She currently serves on AAFP's Commission on Health of the Public and Science as well as the Public Health and Patient Advocacy Committee. She is also a member of the Society of Cannabis Clinicians and the Association of Cannabinoid Specialists.

Why I want to serve: I consider advocacy one of the most important roles of a family physician, the ability to represent those who don't feel that they have a voice of their own care. Many of my patients who live in very rural areas don't have access to healthcare or other necessary resources. Living in a rural, underserved area does not make them less privileged nor less deserving of quality and evidence-based healthcare. Serving at both the local, state, and national levels has allowed me to voice the concerns of my fellow family physicians as well as my patients.

TAFP

Member Assembly
Item 6. Nominating Committee

October 2026

Printed below are the applicants for the TAFP Nominating Committee. You will select **two** on the ballot emailed to you.

If you have interested in serving on the Nominating Committee in the future, go to: https://www.tafp.org/academy/get-involved.

Jessica Bracks, MD

Why do you want to serve on the Nominating Committee?

I am interested in serving on the TAFP Nominating Committee because I would welcome the opportunity to help identify and support thoughtful, engaged leaders who will advance the mission of TAFP and represent the diverse needs of family physicians across Texas and the nation. My previous service on the TAFP Workforce Engagement Committee and involvement since residency has given me valuable insight into the Academy's priorities and the importance of developing a strong and inclusive leadership pipeline.

I currently serve as full-time faculty in a Family Medicine residency program and participate on multiple committees within The University of Texas at Tyler School of Medicine. Through these roles, I have gained experience collaborating with colleagues across academic and clinical settings, evaluating leadership strengths, and building consensus around shared goals. I would be honored to bring this perspective, along with my commitment to family medicine education and workforce development, to the TAFP Nominating Committee.

Are you a current or past member of the Nominating Committee?

I have not served on the Nominating Committee.

Please list your TAFP committee, commission, and council participation.

TAFP Council on Workforce and Member Engagement.

Please describe your local chapter or other medical society committee participation.

I am a member of the Smith County Medical Society, which includes many Family Medicine physicians.

Suparna Chhibber, MD

Why do you want to serve on the Nominating Committee?

Thank you for considering my application. I have spent more than 2 decades in Family medicine as a clinician, educator, practice founder and advocate. I have served on multiple TAFP committee for many years and TAFP has contributed a great deal to my career.

Serving on the Nominating committee is a way to give back by ensuring our future leaders are genuinely equipped to carry forward the vision and mission of the organization. Who our leaders are matter more than ever right now. Family physicians are under pressure on multiple fronts - shrinking reimbursements, mounting administrative burden, workforce shortages and scope of practice challenges. We need leaders who understand these threats first hand and can work on these challenges. I have evaluated leadership potential constantly as an educator, as a founder of my own practice and as a community leader – hiring, mentoring and judging readiness for responsibility.

As a board member of the Indian Doctors Association, the Memorial Herman PCP Governance council, Houston and my 2 decades of experience in family medicine, geriatric, palliative and lifestyle medicine has trained me to look past the credentials to identify the individuals who have the judgment and commitment to lead.

Are you a current or past member of the Nominating Committee?

I have not served on the Nominating Committee.

Please list your TAFP committee, commission, and council participation.

Council on Workforce and Member Engagement (2021-2025)
Commission on Health Care Services and Managed Care (2019-2021)
Commission on annual session and continuing medical education (2009-2011)
Commission on membership and member services

Please describe your local chapter or other medical society committee participation.

I have served as an alternate delegate to TAFP from Harris county medical society multiple times

Grant Fowler, MD

Why do you want to serve on the Nominating Committee?

Having been on the committee and having chaired it, am happy to stay on it to offer continuity. I also represent academic physicians from north Texas which can help interpret for the committee leadership experience from those in academic/ teaching roles

Are you a current or past member of the Nominating Committee?

I'm currently serving on the Nominating Committee

Please list your TAFP committee, commission, and council participation.

This is only committee in recent years. In past years I have chaired the Procedure Task Force and the Commission on Academic Affairs

Please describe your local chapter or other medical society committee participation.

Prior president of Harris County and Tarrant County Academies of Family Med

Eric Lee, MD

Why do you want to serve on the Nominating Committee?

I would like to serve on the TAFP Nominating Committee to help identify leaders who reflect the diverse, dynamic future of family medicine in Texas. The strength of TAFP lies in governance that is grounded, forward-thinking, and representative of the varied physicians and practice environments across our state. Through my service with TAFP and HCAFP, I have developed an understanding of TAFP's mission, governance structure, and priorities. My experiences will help me to evaluate candidates objectively and make balanced decisions. Additionally, my work gives me a perspective on pipeline development, helping us recognize emerging leaders who bring fresh energy and valuable insights to TAFP. As a committee member, I will bring a collaborative mindset and commitment to fairness. I look forward to supporting TAFP's mission by helping to cultivate passionate leaders who will effectively advocate for our members and the patients we serve.

Are you a current or past member of the Nominating Committee?

I have not served on the Nominating Committee.

Please list your TAFP committee, commission, and council participation.

Member of Council on Workforce and Member Engagement 2020-Present
Chair 2025-present
Vice Chair 2022-2024
Member of TAFP Commission on Academic Affairs 2014-2020
Vice Chair 2016
Member of TAFP Leadership Development Committee 2014-2020
Vice Chair 2016-2020
(I remember attending several Legislative and Public Affairs meetings but cannot remember if I was technically in the group or not)

Please describe your local chapter or other medical society committee participation.

Harris County Academy of Family Physicians Leadership Roles
HCAFP Advisory Board Member 2022-Present
Delegate to TAFP Member Assembly 2016-Present
Chair, Board of Directors 2021
President 2020
President-elect 2019
Vice President 2018
Secretary 2017
Treasurer 2016

Joaquin Villegas, MD

Why do you want to serve on the Nominating Committee?

I am interested in serving on TAFP's Nominating Committee because I believe the strength of our organization depends on identifying and supporting leaders who reflect the diversity, needs, and future of family medicine in Texas. As an academic family physician in Houston, I have had the opportunity to work across clinical care, graduate medical education, leadership, advocacy, and community engagement. These experiences have reinforced for me how important it is to have thoughtful, engaged leaders who can represent family physicians and the patients we serve.

Are you a current or past member of the Nominating Committee?

I have not served on the Nominating Committee.

Please list your TAFP committee, commission, and council participation.

Council of Health of the Public, Member

Please describe your local chapter or other medical society committee participation.

Harris County Academy of Family Physicians, At-Large Member, 1st year

AAFP Degree of Fellow
FELLOWSHIP CONVOCATION

Douglas Spotts, MD, FAAFP
AAFP Board

Fellowship Oath

As a Fellow of the American Academy of Family Physicians

I promise to dedicate myself:

… to uphold the principles upon which our Academy was founded,

…to provide comprehensive care to my patients,

… to exemplify the highest standards of my profession, and

… to enhance my skills through continuous professional development.

I pledge my commitment to improve the health of the patients, families, and communities I serve, and to strengthen the specialty of family medicine, now and in the future.

Congratulations to these members for receiving the degree of fellow award.

Brent Michael Allmon, MD, FAAFP
Katherine Elizabeth Altahif, MD, FAAFP
Mahdi M Awwad, MD, FAAFP
Suhani Bhakta, MD, FAAFP
Jennifer Czaplicki Greenblatt, DO, FAAFP
Camilla Esther Juhl Petersen, MD, FAAFP
Walter Kane, MD, JD, FAAFP
Judy Lu Kim, MD, FAAFP
Katelyn Jo Light, MD, FAAFP
Chelsea Elizabeth Mendonca, MD, FAAFP
Tu Dan (Kathy) Huynh Nguyen, MD, FAAFP
Ernst Joseph Nicanord, MD, FAAFP
Stephanie Kathryn Potter, MD, FAAFP
Andrew James Richardson, MD, FAAFP
Alejandro Rocha, DO, FAAFP
Kristina Sinnott, MD, FAAFP
Ra Nae M Stanton, MD, FAAFP
Ramashilpa Sudireddy, MD, FAAFP
Khanh Thoai Truong, DO, FAAFP
Joaquin Villegas MD, MPH, FAAFP

TAFP

Physicians of the Day needed for upcoming legislative session

Would you like to be introduced in the Texas Senate and House of Representatives and have your name become part of the official legislative record? It can happen if you volunteer as a Physician of the Day at the Texas Capitol during the upcoming 90th Texas Legislature.

Since 1971, family physicians from across the state have volunteered to care for legislators, staff, and visitors at the Texas Capitol during legislative sessions.

When you volunteer to be Physician of the Day, you will staff the Capitol Health Clinic from 9 a.m. to 5 p.m. along with Katherine Lindley, APRN, FNP-BC.

This important service reinforces family medicine's role as the foundation of a strong health care system and exemplifies the compassionate nature of the family doctor.

I encourage you to sign up for an available date in 2027 — Mondays through Fridays from January 12 to May 31.

Sign up to volunteer: https://www.tafp.org/advocacy/physician-of-the-day

If you have any questions, please contact me at pnewman@tafp.org or (512) 329-8666 ext.136.

I hope you will consider joining us at the Capitol this session.

Sincerely,

Paige Newman
TAFP Special Projects Coordinator

TEXAS MEDICAL ASSOCIATION

2027 LEGISLATIVE PRIORITIES

1. Reinforcing scope of practice and patient safety;
2. Protecting medical liability reforms;
3. Promoting practice viability and reducing physicians' administrative burdens;
4. Supporting Texas' physician workforce, graduate medical education, and rural health care;
5. Improving Medicaid payment rates and coverage;
6. Fighting for immunization protections;
7. Advocating for a competitive, fair health insurance system that is affordable and available to patients;
8. Calling for artificial intelligence (AI) regulations in health care;
9. Bolstering women's health; and
10. Passing legislation that strengthens mental and behavioral health care in Texas.